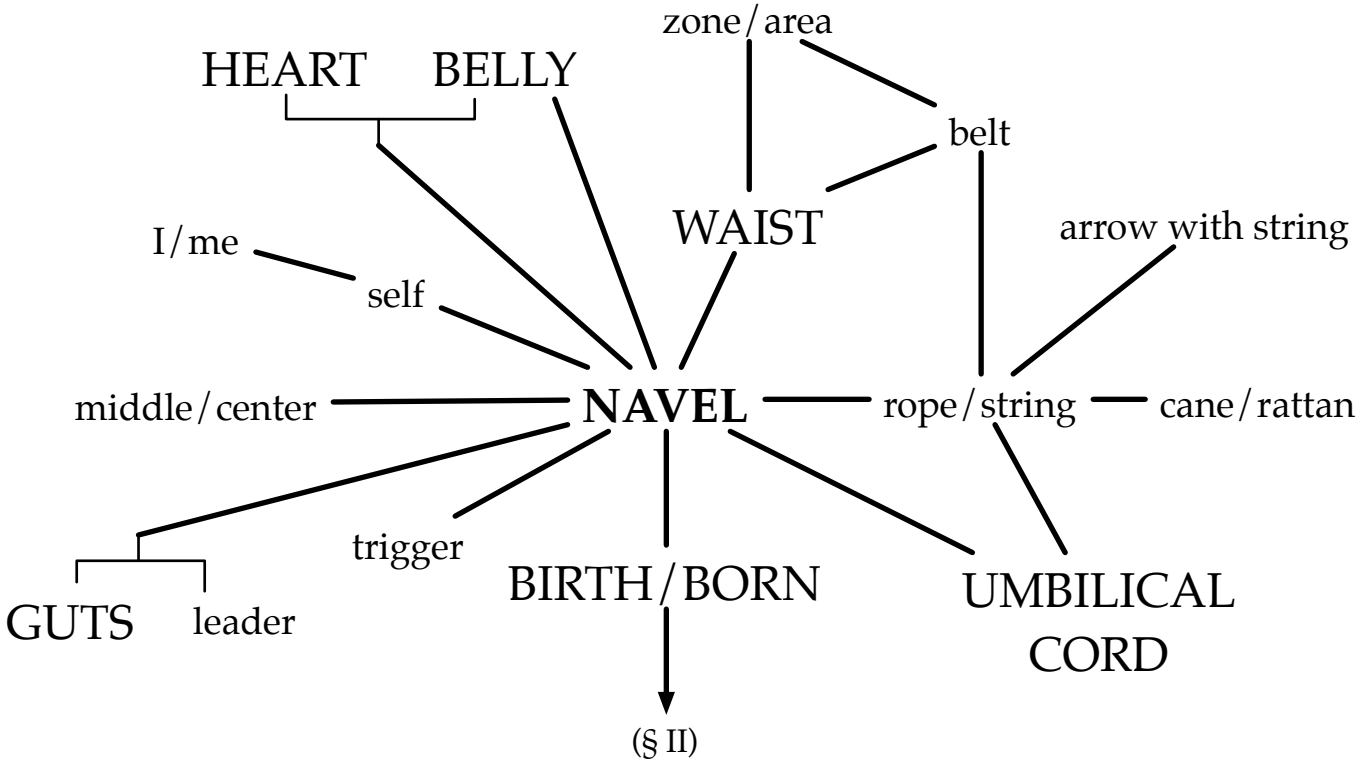
zone/area
HEART
BELLY
belt
WAIST
I/me
arrow with string
self
middle/center
NAVEL
rope/string
cane/rattan
trigger
GUTS
leader
BIRTH/BORN
UMBILICAL CORD
(§ II)